



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at <a href="www.ria.army.mil">www.ria.army.mil</a> under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: https://home.ria.army.mil/sites/ii/ii.cfm

#### **Sections:**

- Arsenal Traffic/Construction
- Building/Space Closures
- Active Duty/Reserve Zone
- Safety Spotlight
- Equal Opportunity Focus
- Morale, Welfare & Recreation (MWR)

#### <u>Firefighter Communication Training</u> <u>increases safety, security in Quad</u>

<u>Cities</u>: Quarterly training conducted on Blue Card communication techniques gathered firefighters from the Rock Island Arsenal and other fire departments around Quad Cities in East Moline, Ill. "The Blue Card training standardizes communication and puts everybody on the same page," said Joe Heim, deputy fire chief Rock Island Arsenal Fire Department. "The theory is



- MWR Leisure Travel Office
- Child, Youth & School Services
- Army Community (ACS)
- Employee Assistance Program
- Education/Training Review
- <u>Defense Commissary Agency/PX</u>

high repetitions then standard conditions, equal standard actions, equal standard outcomes; if everyone talks the same and everybody understands the same, then it makes the incident run smoothly." "The training is designed to streamline communication and to make big incidents into routine incidents," said Robert DeFrance, fire chief, East Moline Fire Department. "All the steps are the same from a small incident like someone stubbing their toe to the larger

- Arsenal Archive
- **Healthbeat**
- Notes for Veterans
- Car Pooling Announcements
- Around the Q.C.

scale events such as a four-story building fire. Everything is the same, everything is streamlined." According to its website, the Blue Card Incident Commander Training and Certification program, commonly known as Blue Card training, is based on Fire Chief Alan Brunacini's Fire



Garrison Commander





Command and Safety textbooks, which have been used globally in the fire service for more than 30 years. (More)

**Defense Department Will Muscle** Through Furlough Period: As DOD enters the furlough period, the department will concentrate on the core mission of defending the United States and its interests, Pentagon Press Secretary George Little said today. "That's where our center of gravity is during this furlough period," Little said. Because of sequestration, Defense Secretary Chuck Hagel made the difficult decision to furlough about 85 percent of DOD civilian employees one day a week through the end of the fiscal year, a total of 11 days, the press secretary said. (More)

#### **ASC Employee Selected for** Prestigious Louis Dellamonica

**Award**: An Army Sustainment Command civilian from the Distribution

Management Center here has the honor of being the only ASC employee to be selected for the 2012

Louis Dellamonica

Award. Misty Misbah, a management analyst for the Materiel Integration

Branch, received the honor presented to top Army Materiel Command personnel annually. (More)

#### Rear Adm. Gilbeau Visits ACC-RI:

Rear Adm. Robert L. Gilbeau, director, **Operational Contract** Support Drawdown Cell, U.S. Forces --Afghanistan, met with **Army Contracting** Command -- Rock Island leaders on July 8. During the meeting, Gilbeau and ACC-RI leaders discussed responsibilities that the center has in supporting the drawdown of forces in Afghanistan and what OCSDC can do to assist with contractor drawdown. (More)

#### ASC Hosts Governor, AMC Leadership, DOD Logistician: The

Army Sustainment Command hosted the governor of Illinois, the commanding general of the Army Material Command, and the assistant



secretary of defense (logistics and

July 8: DoD Furlough Days Begin

July 8 - Sept. 30: RIA Davenport Gate Closed Through Furloughs

July 11: JMTC Change of Command Ceremony

July 9-11: DA Photo Studio Availability

July 16-18: USAG-RIA Motorcycle Experienced Rider Course 4

July 17: Military Consumer Protection Day 4

July 17: Chief of Staff Sync Mtg, Golf Clubhouse July 19-20: FMWR Summer Golf Tournament 4

July 21-24: ASC SOL/NCOL Competition

July 23: Real Property Planning Board, Baylor

July 25: SOHAC, Bldg. 90, Rm 25, 10 a.m.

July 26: RIA AUSA 2013 Golf Outing & Steak Fry

**July 27**: 39<sup>th</sup> Annual Bix 7 Run/Walk (Downtown) Davenport)

Aug. 6-8: DA Photo Studio Availability

Aug. 8: Freedom Run - Downtown East Moline 4

Aug. 9: First Army Organization Day (T) Aug. 10: 10<sup>th</sup> Annual Xstream Cleanup

(Numerous Sites Around the QC)

Aug. 12-16: CBWTU Muster Week

Aug. 12-16: HQ JMC TA4C (T)

Aug. 17: Colonel's Croquet Party – COL

Davenport House 4

Aug. 23-24: Tribute to Our Fallen 4

Aug. 26: Women's Equality Day

Aug. 29: Honor Flight, Moline Airport

Sept. 2: Labor Day (Federal Holiday)

Sept. 10-12: DA Photo Studio Availability

Sept. 11: Patriots Day, 9/11 Observance

Ceremony (T)

Sept. 17: Constitution Day

Sept. 17-19: USAG-RIA Motorcycle Cycle

Experience Rider Course 4

Sept. 20: POW/MIA Recognition Day Ceremony

Sept. 22: Quad Cities Marathon (Runs across Arsenal Island) 4

Oct. 8-10: DA Photo Studio Availability



materiel readiness), and other distinguished visitors here July 1. Gov. Pat Quinn received a briefing on ASC and RIA tenants from Maj. Gen. John Wharton, commanding general, Army Sustainment Command and Rock Island Arsenal. During other times of the day, Gen. Dennis Via and AMC Command Sgt. Maj. Ronald Riling, and Alan Estevez also received a briefing and toured the island. (More)

#### **ASC Trains Soldiers for Life in**

<u>Combat Zone</u>: The Army Sustainment Command recently conducted a three-

week predeployment training session for about commissioned and 50 noncommissioned officers heading overseas to fill positions in its



brigades in Afghanistan and Kuwait. Ranging from sergeant to lieutenant colonel, the Soldiers from all corners of the country gathered in the Quad Cities June 9 -- 30 for intense training to ensure they are properly prepared to thrive in a combat environment. (More)

Arsenal Workforce Shrinking: The size of the civilian workforce at the Rock Island Arsenal has fallen by at least 436 people in the past 12 months as budget uncertainties take a toll on the biggest employer in the Quad Cities. A hiring freeze combined with sequestration and continuing uncertainty over federal budgets means the decline is likely to continue. (More)

#### <u>ASC's Distribution Management</u> <u>Center Welcomes New commander:</u>

The Army Sustainment Command's

Distribution
Management
Center welcomed
its new leader at a
change of
command
ceremony held in
Heritage Hall here



July 9. The event, originally scheduled to be held on the front lawn of Quarters 1, was moved inside due to inclement weather. (More)

## 2013 Hiring Our Heroes Job Fair – Davenport:

There will be a job fair for veterans at the Brady Street Armory, 3615 N



Brady Street, on **July 30**, to include a hiring fair 10 a.m. – 1 p.m., and an employment workshop at 9 a.m. This workshop for veterans and other military job seekers will focus on resume writing; tips for successfully navigating hiring fairs, military skill translation, and interviewing will start at 9 a.m. To register for the Hiring Our Heroes Employment Workshop, visit <a href="http://hohworks.eventbrite.com">http://hohworks.eventbrite.com</a>. For registration questions, please contact us at <a href="hiringourheroes@uschamber.com">hiringourheroes@uschamber.com</a> or call (202) 463-5807.

#### **Traffic Compliance Checks**: The RIA

Police Department will increase

compliance checks due to an alarming rise in invalid driver's license and vehicle registration infractions. To combat this rise





in infractions the RIA police department will be conducting no-notice random checks. Please ensure you are in compliance with applicable traffic laws/regulations.

<u>Furlough Changes to DPW</u> <u>Workorder Operations</u>: The Public



Works Workorder desk will be changing hours of operation due to furlough. The desk will be manned 6 a.m. -2:30 p.m. Monday - Friday. Work requests can still be emailed and callers may leave a voicemail. Issues requiring more immediate attention outside of the hours listed above should be called to the RIIS operator at the hydro-electric plant, (309) 782-1644. POC is Scott Bach, (309) 782-5007.

#### **Change in Hours Military ID/CAC**

Office: Effective Monday, July 1, the

hours of operation for the Military ID/CAC Office will be changed due to the government furlough. We will be open Monday through Thursday with first appointment at 6:20 a.m. and the last



appointment at 2:30 p.m. Our office will be closed every Friday beginning July 12 until Sept. 30. To schedule appointments, please use our online scheduler. Or you can call our office at (309) 782-0596.

#### **Furlough Notification - Garrison Payroll Customer Service Support:**

Furlough-Based Change in Hours for Garrison Resource Management Office, Bldg. 90, 3<sup>rd</sup> Floor. Effective **July 12**,

the hours of operation will be changed due to the furlough. The office will be closed every Friday beginning July 12 – Sept. 20. Payroll CSR support will be available Monday through Thursday, 7 a.m. to 4:30 p.m.

#### **Furlough-Based Change in Hours for Garrison DPTMS Installation Security Intelligence Office**: Effective

Monday, July 1, the customer service

hours of operation for the Garrison **DPTMS** Installation Security Intelligence Office

will be changed due to the government

furlough. We will be open Monday – Thursday, 8 a.m. - 3 p.m. Our office will be closed every Friday beginning July 12 until Sept. 30. To schedule fingerprint appointments, please send fingerprint appointment request via email. Please send System Access/Authorization Request, and JPAS Visit Requests to this email.

**RIA Transportation Division**: The Passport Office will be closed on Mondays during the Furlough. The Freight Branch will be closed every other Friday and Monday during the furlough based on JMTC's schedule.

#### **Change in Hours for RIA Legal** Assistance Office: Effective June 24,

the hours of operation for the RIA Legal **Assistance Office** will be changed due to the government furlough. We will be open Monday –



Thursday, 8:30 a.m. -5 p.m., with lunch from 12-12:30 p.m. Our office will be closed every Friday beginning July 12 until **Sept. 30**. To schedule appointments, please call our office at (309) 782-1443.

#### **Furlough-Based Change in Hours for** Visitor's Control (Bldg. 23) and **Badging Desk/CAC Reset Office** (Bldg. 225 North): Effective July 1, the

hours of operation for Visitor's Control (Bldg. 23) and Badging Desk/CAC Reset Office (Bldg. 225 North) will be changed due to the government furlough. We



will be open Monday through Thursday with the first appointment at 6 a.m. and the last appointment at 3:30 p.m. Our office will be closed every Friday beginning July 12 until Sept. 30.



**Bldg. 350 Fire Alarm Testing July 8**:

On Monday, **July 8**, Tuesday, **July 9**, and Wednesday, **July 10**, the Garrison Directorate of Public Works is planning to test fire alarm systems in Bldg. 350. Testing of audio and visual alarms will begin at 6 p.m. and will conclude at 9 p.m. each evening. The purpose of this testing is for final acceptance of the new system installed in eight computer rooms on the first floor.

Genesis Health Group Rock Island
Arsenal Office Closed: The Genesis
Health Group Rock Island Arsenal
Office has closed. Should you have any
further questions please contact Genesis
at (309) 281-2640.

Military Deposit: BAL 13-103, discontinuing the practice of allowing employees to complete payment of their Post-1956 Military Service Deposits after separation except in the case of an administrative error that prevented the employee from completing their deposit prior to separation is attached. The purpose of the Benefits Administration Letter is the CSRS and FERS Handbook guidance concerning payment of the Post-1956 Military Service Deposit is out of date. The guidance will be revised to specify that payment of the Military

Service Deposit must be completed prior to separation except in the case of an administrative error that prevented the employee from completing the deposit prior to separation. It is posted on the OPM web page.

VIOS Schedule for July, August, September, and October: Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal July 9, 10, and 11; Aug. 6, 7, and 8; Sept. 10, 11, and 12; and Oct. 8, 9, and 10. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the Visual Information Ordering Site at www.vios.army.mil for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official

Government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to Transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

**Blood Drive**: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on Thursday, July 18, 10 a.m. - 12 p.m. If vou would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A 2<sup>nd</sup> shift blood drive will be held in the Cafeteria (Bldg. 210) beginning at 6:15 p.m. on Aug. 9. A 3rd shift blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on** July 19. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor.



(<u>Blood Transfusion En Route to Trauma</u> Center Keeps Navy Vet Alive)



Charlie Corpuscle Says, "Blood donations are needed this summer to assure a safe and stable blood supply in our

community. To accommodate the impending

furlough schedules, we have amended the Rock Island Arsenal blood drive schedule for the months of July, August and September. We hope that these dates can be worked into your schedule, and that you'll be able to help with a blood donation(s) this summer."

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.

**2013 WID Golf Tournament**: Women In Defense 12<sup>th</sup> Annual Golf Outing: Friday, **Aug. 2**, at Glynns Creek Golf Course. \$65 per person/WID members \$60 per person. (Includes greens, cart, continental breakfast, lunch, beverages

and prizes) Registration/payment due by **July 19**. (Flyer)

#### **Arsenal Island Employee Local**

<u>Discounts</u>: The following discounts are exclusively available to Arsenal Island employees –

Bennigan's Rock Island: Arsenal employees, service men, service women you are always welcome at



Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time (4).

Pepperjack's Restaurant & Lounge in **Davenport**: Rock Island Arsenal employees receive 20 percent off their Pepperjack's entrée when they present their Arsenal identification card (one discount per ID) (1) New Life Chiropractic Clinic: Arsenal Island employees, we're offering you a 20 percent discount on our services (4). Goebel Family Dentistry: Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit (4). **Big** 

Mouthz BBQ: We're offering all public employees (city, county, state, and federal) \$1 off their order every Monday (1). This information is included for general workforce interest and does not constitute endorsement of the businesses or products.

RIA AUSA Chapter Wednesday
After-Work Social: Come and meet the new Rock Island Arsenal AUSA
Chapter leadership board on the
Wednesday, July 17, 5 p.m., at Pub
1848 at Bass Street Landing in Moline and be part of the "Welcome to the
Neighborhood Social" (Pub 1848 is located in Bass Street Landing, next to the Chop House). Pub 1848 has donated \$200 in beverages, once we reach that, you are responsible for paying our own tab. RSVP to keriausa@gmail.com NLT
July 15.

#### RIA AUSA 2013 Golf Outing & Steak

Fry: The Rock Island Arsenal Chapter of the AUSA will hold its 14<sup>th</sup> Annual Golf Outing & Steak Fry on Friday, July 26, at the beautiful Arsenal Island Golf Course. Players ... hurry and register for this event. Only the first 40 teams will



play! AUSA is a 501(c)(3) non-profit educational organization that supports America's Army – Active, National Guard, Reserve, Civilians, Retirees, Government Civilians, Wounded Warriors, Veterans, and their family members. Proceeds from this event are used to fund all of our Chapter activities including our Soldier & Family Support programs, wounded warrior programs, veteran support initiatives, the USO/AUSA Emergency Relief Grant Program & the RIA AUSA Scholarship program. For thirty years, our Chapter has supported initiatives to strengthen the viability of the Arsenal, aide MWR & ACS programs, sponsor veteran support programs and we have contributed more than \$125,000 in the last two years for Soldier and Family needs. (More)

#### **Low Cost Rabies Clinic at HSSC:**

Owners of dogs and cats in need of rabies vaccinations are invited to bring their pet companions to the low cost Rabies

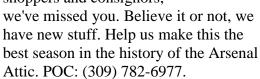
Somebody here needs you!

Humane Society of Scott County from 5:30-7:30 p.m. on Tuesday, **July 30**. The rabies vaccination fee is \$7.50. All dogs must be on leashes and cats must

be in carriers. Bring previous rabies vaccination paperwork if available. For more information, contact the Humane Society of Scott County at (563) 388-6655.

#### **Arsenal Attic Thrift Shop and**

Boutique: Thrift shop opens for new season Tuesday, July 16, at 9 a.m. Mark your calendar. Welcome back shoppers and consignors,



Poker Night at Arsenal Island Golf

<u>Course Clubhouse</u>: The Rock island – Milan Little League is hosting a Poker Night at the Arsenal Island Golf Club on Saturday, **July 13**. This is a \$30 Deep Stack Re-Buy Tournament with unlimited re-buys for the 1<sup>st</sup> hour for \$20. Register 3-4 p.m. Start 4 p.m. POC: (309) 786-4534.

**2013 Cards for the Troops**: Join us for the 6<sup>th</sup> Annual Cards for the Troops at the Arsenal Island Golf Course clubhouse for a heartwarming evening of stamping cards for our deployed troops to mail home to loved ones.

20,000+ cards sent to date! RSVP at mssipple1@gmail.com. Packagers needed also. Please bring one roll of Scotch double-sided tape.

Date: Tuesday, Sept. 24 Time: 6:30 p.m. - 9 p.m.

### Arsenal Traffe/Construction

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Cancellation of Gate Closures Due to Government Furlough: Gate closures announced last week are no longer in effect. Furlough exceptions were granted late last Wednesday that allowed the resumption of routine gate operations without the impacts previously communicated.

## Building/Space Glosures

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There are no announcements this week for Building/Space Closures.

# Active Duty/Reserve Zone

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New Army Post-9/11 GI Bill Transfer Policy to Take Effect Aug. 1:

Beginning Aug. 1, 2013, every Soldier



Clinic at the

who elects to transfer their Post-9/11 GI Bill benefits to a family member will incur an additional four years in the Army, without regard to their time in service. The policy already applies to nearly every Soldier in the Army -- and has since the beginning of transferability in 2009. Until now, Soldiers who were nearing retirement were eligible for certain exemptions from the policy. That will no longer be the case. This policy change affects them. (More)

**ACU-Alternate Uniform Offers More** 

**Fit Options**: A new Army Combat Uniform with special consideration to the female form is now at Fort Sill, and it is being issued to new Soldiers going through Basic Combat Training. The new uniform, several years in the making, was initially considered as being the first female-only uniform, but instead is now approved for both sexes and is being called ACU-A for Army Combat Uniform-Alternate. "We started issuing them slowly in April, and we've since been issuing them more frequently as our fitters get more comfortable placing Soldiers in them," said Trevor Whitworth, Central Initial Issue Point project manager, where new Soldiers are first issued their uniforms here. "They were initially designed for female

Soldiers, but we were told if we find male Soldiers that these would fit better than the ACUs then we can issue it to them as well," Whitworth said. "It's more about the fit and the body type." (More)

**Active Duty Caddie Program at John Deere Classic**: The PGA Tour will once again be sponsoring the Active Duty Caddie Program, for the John Deere Classic, on Wednesday, July 10. The PGA is looking for 20 active duty military to participate in the ADCP. The participants will be on-site all morning and will have the opportunity to walk inside the ropes, caddie for, and interact with PGA Tour players. This is open to all branches of the service. Those wanting to participate must have their supervisor's permission for this duty time event. The point of contact for the Caddie Program is Marc Raiken, (904) 543-5112 or (201) 919-6070.

NFL Punt, Pass and Kick
Competition for Military Children

Only: Young pro football fans will have the opportunity to exhibit their football skills when the Rock Island Arsenal CYSS hosts an NFL Punt.

Pass & Kick competition at 11 a.m. on Aug. 17 at Cannon Flats Football Field. The competition is free and open to active duty military boys and girls ages 6-15. For competition information, call (309) 782-1651. Entry forms are available online or at the School Age Center Bldg. 150. Interested individuals must register by Aug. 3. This national skills program provides boys and girls, ages 6 to 15, the opportunity to showcase their talents through a punting, passing and kicking competition in the sport of football. The top finishers from each of ten (10) age groups at the local competitions will advance to a sectional competition. The winners at the sectional competition will have their scores compared with other sectional champions. The top four scorers from the pool of sectional champions advance to the Chicago Bears Team Championship, to be held at one of their home games.

Attention Military Families: Grant funds from the Rock Island Arsenal Welcome Club are available for eight military families, currently in service to our country and veterans, to bring a dog or cat to the Rabies Clinic at the Humane Society of Scott County and have their pet companion vaccinated free from 5:30-7:30 p.m. on Tuesday,



**July 30**. Please present a valid ID. Only one pet per military family, please. Bring previous rabies vaccination paperwork if available. For more information, contact the Humane Society of Scott County at (563) 388-6655.

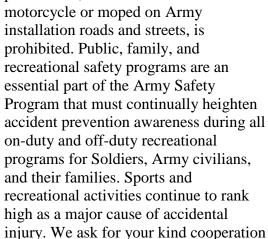
## Safety Spotlight

C

<u>Headphone/Earphone Use Prohibited</u> on Arsenal Island: The Army Safety

Program (<u>AR 385-10, Section 6-5</u>)

states: Using
headphones or
earphones while
walking, jogging,
skating, and
bicycling, including
pocket bike,



in helping to prevent accidents due to distractions.

Motorcycle Safety Course: The USAG-RIA Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on July 16-18 and Sept. 17-19. Registration for all courses is through the web-based AIRS system at https://apps.imcom.army.mil/AIRS. For further information, please contact Michael Chaplin, IMRI-SO, at (309)

782-2314/1380, or Nancy Carlson, IMRI-SO, at (309) 782-2309.

Equal Opportunity Focus

Furlough-Based Change in Hours for Garrison EEO Office: Due to the furlough, the Garrison EEO Office will be closed every Friday, July 12 – Sept. 20. Questions may be addressed to Shirlene Appleby, (309) 782-7747.

Traditional Pow Wow to Be Held on Arsenal Island: There will be a traditional Pow Wow on Arsenal Island on Aug. 30 and Aug. 31, 1-6:30 p.m., at Memorial Field, honoring women veterans and grandmothers. There will be dances, traders and venders. Traditional dance categories will include seniors (68+), adults (30-67), and young adults (18+). POC: Ruth Pushetonequa, (641) 260-1524.

Morale, Welfare & Recreation (MWR)

Visit the MWR website at <a href="https://www.riamwr.com">www.riamwr.com</a> for information on all MWR programs. Also <a href="click here">click here</a> to become a fan on Facebook, or Twitter



<u>@golf1897</u>, and stay up to date on all the great MWR offerings here at the Arsenal.

Priday, July 12, 7 p.m., Beer & Spirit
Pairing Dinner: A Taste of the Quad
Cities: Don't miss your chance to sample
some locally produced treasures during
our July 12<sup>th</sup> Beer & Spirit Pairing
Dinner. Enjoy samples of craft brews
from Great River Brewery & spirits
from Irish Dog Bloody Mary Mix &
Mississippi River Distillery that have
been carefully selected to complement
and enhance the fine cuisine prepared by
our executive chef. The cost is
\$50/person. Call (309) 793-1601 for
more info and to reserve your seats.
(Flyer)

Island Golf Course Summer Scramble Golf Tournament: Get your foursome together and see if you have what it takes to be crowned Arsenal Champs. The cost for this four-person best ball tournament is \$65/player (\$50 for annual pass holders) and includes golf, cart, lunch and prizes. Call (309) 793-1604 for more info and to sign up. Advanced registration and payment are highly recommended to ensure your spot. (Flyer)

July Synthetic Oil Change Special at the Auto Skills Shop: Does the pending furlough have you scratching your head looking for ways to save money. If youre vehicle requires fully synthetic oil we'll save you a chunk of change with our July Synthetic Oil Change Special. During the month of July, for just \$59 you'll receive a full service oil change with up to five quarts of top of the line, 5w/20 or 5w/30 Mobil 1 oil. Take advantage of this opportunity to save money and call (309) 782-8631 to schedule an appointment now while supplies last.

MWR RV Lot Key Access: Authorized and paid up patrons of the MWR RV Storage Lots may now also sign out the access key out at the MWR RIA Golf Pro Shop seven days a week. The keys will still be available at Outdoor Recreation and at the Fitness Center. Call (309) 782-8630 for more info.

# MWR Leisure Travel Office

Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. (email) (website)

<u>Jewelry Is Fun</u>: On Tuesday, July 23-24, Bldg. 60, Heritage Hall dining area. If you enjoy Books Are Fun stop by and check out the sister company Jewelry Is Fun. Discounted jewelry and accessories all priced for \$5.99.

Time: 8 a.m. - 2 p.m.

Taste of Chicago Bus Trip: Taste of Chicago is the nation's premier outdoor food festival showcasing the diversity of Chicago's dining community. The delicious array of food served at Taste of Chicago is complemented by music and exciting activities for the entire family. Seats on sale now. \$41 per person - transportation only. (Flyer)

Date: Saturday, July 13 Time: 6:30 a.m. - 9 p.m.

**Ringling Bros Barnum & Bailey** 

Presents – DRAGONS: For the first time in circus history, myth and majesty will share the arena during this must-see family event that can only be witnessed at The Greatest Show On Earth®! Experience circus spectacles so incredible that once again you will believe in the unbelievable! Contact LTO for dates and discounted prices (309) 782-5890.

Date: Aug. 30 - Sept. 2

Time: Varied



Disney Junior Live: Producers of Disney On Ice and Disney Live!, is taking top performing cable TV series for preschoolers to the stage in Disney Junior Live On Tour! – Pirate and Princess Adventure. Featuring characters from the smash hits Sofia the First and Jake and the Never Land Pirates. \$20 lower and \$14 upper bowl.

Date: Friday, Oct. 18 Time: 6:30 p.m.

#### **Outdoor Recreation Summer**

Entrance: Effective May 20, Outdoor Recreation Patrons were asked to use the back entrance of Bldg. 333 for equipment pickups and returns. This will make it easier for patrons to load and unload equipment from their vehicles. For more information please phone x-8630.

Six Flags Great America: Thrill-seekers are sure to enjoy one of our amazing roller coasters. We have a variety of out-of-this-world coasters, including Viper, Batman The Ride and Raging Bull, the world's first hypertwister coaster. In total, the park has nearly seven miles of thrilling coaster track. Discounted tickets adult/child \$36.

Mount Olympus Waterpark: One of the world's largest wave pools, some of the fastest rivers and steepest slides make Mount Olympus is the best attraction for outdoor summer time fun. Wristbands on sale for \$28, a \$11.99 savings.

Six Flags Saint Louis: An amazing theme park featuring awesome rides, great shows, and incredible attractions, plus Hurricane Harbor water park. Discounted one-day admission tickets for adults/children \$36.

Adventureland Park: Adventureland Amusement Park contains more than 100 rides, shows, and attractions including some of the country's most exciting roller coasters and thrill rides that can challenge the most avid amusement park enthusiasts. There are also plenty of rides for less adventurous guests as well as a full complement of children's rides. Discounted tickets \$30.

<u>Davenport RAVE Theatre</u>: Leisure Travel will be offering for sale Platinum Supersaver Prepaid Admission Tickets to RAVE theatre in Davenport (formally 53<sup>rd</sup> cinemas) These tickets have no restrictions or expiration date.

#### Movie Night Gift Cards at Leisure

Travel: Stop by the Leisure Travel Office and pick up a gift card for \$27 that is redeemable at the Regal Moline Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. (Flyer)

# Child, Youth & School Services

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#### **Army Certified Family Child Care**

Provider: Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing childcare out of your home with access to our lending closet for borrowing supplies, as well as certified training provided through the Arsenal. For questions or more details contact our FCC director Nancy Lawson at (309) 782-0813.



# Army Community Service (ACS)

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ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit



our ACS website or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here. 24/7 Sexual Assault Hotline: (309) 229-8412

Newcomers Welcome Brief: Did you just arrive to Rock Island Arsenal? No matter where in the world you are coming from Army Community Service Newcomers Welcome Brief will give you important information to orientate you and help make Rock Island Arsenal feel like home. Contact ACS to sign up (309) 782-0829 space is limited!

Date: Thursday, July 25 Time: 9 a.m. - 1 p.m.

Newcomers Welcome Tour: New to Rock Island Arsenal and the Quad Cities? It's time to get to know your surroundings. Call ACS at (309) 782-0829 to Sign up for the Newcomers Welcome Tour, Space is limited! Bus pick up at the Arsenal Island Golf Course clubhouse parking lot. We'll tour the QC area and Rock Island Arsenal Date: Wednesday, July 31 Time: 8:30 a.m. - 1 p.m.

#### **Military Consumer Protection Day:**

The Federal Government and

Department of Defense is sponsoring a Military Consumer Protection Day on Wednesday, **July 17**. Become a wise consumer and



enhance your consumer knowledge: visit <a href="https://www.military.ncpw.gov">www.military.ncpw.gov</a> and the "Know-How" section to learn about making large purchases, entering into contracts, managing credit and getting help.

<u>Furlough Education and Money</u> <u>Saving Tips Available from Financial</u>

Readiness: Army Community Service's Financial Readiness Office has put together a library of resources and tools to help you weather the furloughs. Please check out the wealth of good information, budgeting tools and briefing slides available at <a href="https://www.riamwr.com/acs/financial-readiness">www.riamwr.com/acs/financial-readiness</a> and call the Financial Readiness Office at (309) 782-0815 for more info.

11 Days of Furlough: a Money Planning Calendar Briefing: You may view and download a briefing for a

Furlough Money Planning Calendar at <a href="https://www.riamrw.com/acs/financial-readiness">www.riamrw.com/acs/financial-readiness</a> and look for Furlough Support. The briefing enables the employee to plan for the various furlough dates and paydays. For assistance contact <a href="Jon Cook">Jon Cook</a> at (309) 782-0815.

Employee Assistance Program

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For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see <u>our website</u> or visit us on <u>Facebook</u>. The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.

Rock Island Arsenal Community Health Promotion Council

Announcement: The RIA Employee Assistance Program Presents: Real Colors, July 15, Aug. 12, Sept. 17, and Oct. 16. Want to enhance your communication skills? Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior



and help you recognize, accept and learn to value the differences in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Sign up in <u>TEDs</u> (search key word "Real Colors") or for more information contact Lori Griffin at (309) 782-2551.

Summer Blues – July 2013: School's out and the kids are home enjoying the long days of summer; or maybe not. While July is considered by some to be the happiest month of the year, sometimes the change in routine or expectations of the season can lead you or your children to feel depressed. Depression in children or their parents is a concern as either can negatively affect a child's wellbeing. Children who are depressed may miss out on being with their peers and enjoying activities. It is also more likely for children who grow up with a depressed parent to be depressed in adulthood (Offspring of Depressed Parents: 20 Years Later; The American Journal of Psychiatry). The good news is that treatment can help. A study reported in the Journal of the American Medical Association found that when mothers achieved remission of their depression symptoms through treatment their children also became less

likely to be depressed (*Depression Rates* Are Lower in Children Whose Mothers Are Successfully Treated; National Institute of Mental Health) Because treatment for mental health conditions can improve not only your life but also your children's, the Rock Island Arsenal **Employee Assistance Program invites** you to take advantage of the free and confidential counseling and referral services that the program has to offer. Schedule an appointment with an EAP counselor by calling (309) 782-4357. Master-level counselors can provide information, short-term counseling, and referral services. If you have any concerns about depression, talk it over with a trained professional at the EAP.

PTSD Support Groups: Help is available if you or a loved one is experiencing symptoms of Post-Traumatic Stress Disorder. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

<u>Understanding PTSD</u>: The RIA EAP is offering educational classes on Post-Traumatic Stress Disorder. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122,

10:30-11:30 a.m., on the following dates: **July 23** and **Aug. 27**. Call (309) 782-4357 to enroll.

**Smoking Cessation Group**: Need help to quit smoking? Good news! The Employee Assistance Program offers an ongoing educational support group for people who would like to be smoke-free. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 56, 1<sup>st</sup> floor, East.

**Stress Management**: The Rock Island Arsenal EAP is offering classes on Stress Management. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **July 9**, and **Aug. 13**. Class size is limited. Call (309) 782-4357 to enroll.

Grief Support Group: The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays, 3-4 p.m., in Bldg. 56, 1<sup>st</sup> floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

## Education/Itraining Review





The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our website to learn more.

## New Army Post-9/11 GI Bill Transfer Policy to Take Effect Aug. 1:

Beginning Aug. 1, 2013, every Soldier who elects to transfer their Post-9/11 GI Bill benefits to a family member will incur an additional four years in the Army, without regard to their time in service. The policy already applies to nearly every Soldier in the Army -- and has since the beginning of transferability in 2009. Until now, Soldiers who were nearing retirement were eligible for certain exemptions from the policy. That will no longer be the case. This policy change affects them. (More)

Take Advantage of This Special
Benefit for RIA Military & Civilian
Personnel: On July 17. St. Ambroso i

Personnel: On July 17, St. Ambrose is hosting an informative lunch-n-learn session to explain how you can take advantage of special tuition rates. In support of our military and civilian personnel on the Arsenal, St. Ambrose offers special pricing at a fraction of the regular tuition rate for MBA & ACCEL

students. This will take place in Bldg. 56, Room 116, 11-11:45 a.m. & 12-1 p.m. A light lunch will be provided. Each session is limited to 20 seats. Priority will be given to military personnel. RSVP today to reserve your seat. Call (563) 333-6170 or email <a href="mailto:leonardmichelem@sau.edu">leonardmichelem@sau.edu</a>.

# Commissary / Exchange

The Rock Island Commissary and the **Exchange are for active duty military** and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information **HERE.** For information on this and other Commissaries, visit: www.commissaries.com (Facebook)

Military Commissaries to Close One Day Per Week: Military commissaries

will handle Defense Department furloughs by closing for one day a week, the Defense Commissary Agency said. Most commissaries will close on Mondays up to 11 times between July 8 and Sept. 30. The additional closure of one day per week will be in addition to any days stores normally are closed. That means that the 148 commissaries that routinely close on Mondays will also close the next normal day of operation, DCA said. "We know that any disruption in commissary operations will impact our patrons," said DCA Director and CEO Joseph H. Jeu. "Also, we understand the tremendous burden this places on our employees, who, when furloughed, will lose 20 percent of their pay." Furlough notices are slated for delivery to DCA employees between May 28 and June 5. Jeu said the agency determined that Monday closures "would present the least pain" for employees, customers and suppliers. DCA operates 247 commissaries with more than 16,000 employees in 13 countries and two U.S. territories. The furloughs will affect all of the agency's 14,000 U.S. civilian employees. (More)

Commissary Savings Help Highlight Summer Fun: There is always something fun to look forward to in the summer months, and whether it's a trip



of a lifetime or a picnic in your own backyard, your commissary provides military shoppers special savings that help make summer fun. "June is a busy month for families," said Michelle Frost, DeCA's chief of promotions and marketing. "There's Father's Day, graduations, children are out of school, vacations are starting and outdoor grilling season is in full swing! No matter the occasion, commissaries have you covered." DeCA's industry partners - vendors, suppliers and brokers - are collaborating with commissaries in June to offer discounts beyond everyday savings. Overseas stores may have substitute events for certain promotional programs. Customers should check with their store manager to verify when they will be offering these sales events. (More)

## Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. (website)

#### **Colonel's Croquet Party Returns Aug.**

17<sup>th</sup>: Step back in time for the second annual Colonel's Croquet Party on Saturday, Aug. 17, on Arsenal Island from 2-7 p.m. Don your croquet whites (not required) to play the same game of croquet you play in your backyard. Croquet (cro-KAY) courts will be set up on the lawn of the historic Quarters One. Teams of two can play in the round robin tournament. Or there will be courts for those who just want to join the fun and play croquet with other enthusiasts in the Quad Cities. Tickets are \$25 for adults; and \$10 for children 11 years and younger to attend the inaugural Colonel's Croquet Party. Hors d'oeuvres, croquet play, wine tasting, and tours of the house are included. This is a rain or shine event. For more information or to purchase tickets, contact Jessica Waytenick at (309)737-4280 or purchase tickets online at www.davenporthouse.org.

This Week in Rock Island Arsenal
History – July 8-14: Congress passed
an Act on July 11, 1862, which
established an arsenal at Rock Island.
On July 12, 1950, the RIA responded to
an emergency and shipped the first 3.5
rocket launcher (bazookas) to Korea
during the early days of the conflict. On
July 13, 1962, the RIA held a Centennial

Ball at the Davenport Coliseum
Ballroom. A king and queen were
chosen in honor of their years of service
at the RIA. In July 1814, Lt. John
Campbell's expedition to Prairie Du
Chien was ambushed and defeated just
above Rock Island by Black Hawk's
British Band. The island where the
attack occurred bears the name
Campbell's Island and a monument was
place at the site of the battle to
commemorate those who died there.

# Healthbeat

Beat the Heat: Summer is a beautiful time of year; however, we should always be aware of the associated dangers lurking around the corner. Heat exhaustion, heat cramps and heat rash are serious conditions and are the body's way of signaling you are overheating. The human brain actually begins to die when the body's core temperature is not kept at equilibrium. Every year, thousands of people die from heatrelated illnesses/injuries. But here's what astonishes me: Almost all heat illnesses/injuries are preventable. Folks just need to prepare for the elements and do thorough prior planning before engaging in activities in hot weather. Heat exhaustion is a heat-related



illness/injury that most often develops after several days of exposure to high temperatures and inadequate or unbalanced fluid replacement. Those most prone to heat exhaustion are the elderly, people with high blood pressure and individuals working or exercising in a hot environment. (More)

**Health Clinic Announcement**: Sick Call hours 7-8 a.m. Clinic closed Staff Meeting/Training Thursday, July 25, at 11:30 a.m. Clinic to close every Friday beginning July 12 until Sept. 27 during the furlough. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

# Notes for Veterans

Iowa Driver's Licenses and **Nonoperator Identification Cards** Now Can Have "Veteran" **Designation Added Anytime:** 

Beginning July 1, an update to Iowa law now allows veterans to have a "veteran" designation put on their driver's license (DL) or nonoperator identification card (ID) anytime they seek a new card, not just at the time of renewal. The cost for a duplicate DL or nonoperator ID is \$10. The designation on Iowa DLs and nonoperator IDs is a voluntary initiative

designed to assist Iowa veterans who can benefit from discounts offered to them by many businesses. Often, to get the veteran's benefits, businesses require proof of a veteran's status. Showing this status on a DL or nonoperator ID card is just one more way to make obtaining these benefits easier for Iowans who have served our country. (More)

## Carpooling Announcements

Submit carpooling announcements via the Island Insight submission page. Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

#### Carpool:

- **Carpool**: Looking for a ride and pay for gas. Location - Davenport. Flexible work hours are to 6 a.m. – 2:30 p.m. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). Email
- **Carpool**: New hire with flexible hours seeking to pay for ride from Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.

#### Around the Q.C.

July 5-21: Countryside Community Theatre Les Misérables (North Scott High School Auditorium in Eldridge)

July 8-14: John Deere Classic PGA Tour

(TPC Deere Run, Silvis)

July 10: 22<sup>nd</sup> Annual YouthFest (Centennial

Park, Davenport)

July 11: Metro Arts Summer Youth **Employment Showcase (Quad City Arts** Center, Rock Island)

July 13: 29th Annual Moonlight Chase

(Eldridge Festival, Eldridge, Iowa)

July 13: Quad Cities Cruisers Cruise-In (SouthPark Mall, Moline)

July 17: Journey of Hope Bicyclists'

Summer Bash (Splash Landing, Bettendorf)

July 19: Inaugural Dodging High Fares Dodgeball Tournament (Augustana Pepsico

Rec Center, 30<sup>th</sup> St., Rock Island) July 19-21: USA BMX National

Championships (East Moline BMX Speedway)

July 19-20: Heartland Jam (Centennial Park, Downtown Davenport)

July 25-26: Orthopaedic Specialists Sports & Wellness Expo (RiverCenter, Davenport)

July 26: Genesis Carb It Up Pre-Bix Pasta

Dinner (RiverCenter, Davenport)

July 26-27: 42<sup>nd</sup> Annual Street Fest Presented by the MVRBC (2nd Street,

Davenport)

July 27: 39th Annual Bix 7 Run/Walk

(Downtown Davenport)

July 30-Aug. 4: Great Mississippi Valley Fair (Mississippi Valley Fairgrounds,

Davenport)



Aug. 1-4: 42<sup>nd</sup> Annual Bix Beiderbecke Memorial Jazz Festival (LeClaire Park and RiverCenter, Davenport)

Aug. 2: Flamingo Fling (Quad Cities Botanical Center, Rock Island)

Aug. 4: 12<sup>th</sup> Annual UPS / Gilda's Club Golf Tournament (Glynn's Creek Golf Course, 19251 290th St., Long Grove, Iowa)

Aug. 6: National Night Out (Various QC locations)

Aug. 8: Freedom Run - a tribute & appreciation event for those who serve(d), proceeds to USO/AUSA (Downtown East Moline)

Aug. 8: 12th Annual Living Lands and Waters Barge Party (Schweibert Park, Rock

Aug. 8-10: 27th Annual Tug Fest (LeClaire, Iowa & Port Byron, III.)

Aug. 9: 10<sup>th</sup> Annual Davenport Parks and Recreation Doggie Dip, 6-7:30 p.m. (Fejervary Family Aquatic Center, Davenport)

Aug. 9-10: 23<sup>rd</sup> Annual Ya Maka My Weekend (The District, Rock Island)

Aug. 10: 10<sup>th</sup> Annual Xstream Cleanup (Numerous Sites Around the QC)

Aug. 10: Hy-Vee Ironkids Triathlon (Bettendorf YMCA)

Aug. 10: Pioneer Trailblazer 5K (Alleman High School, Rock Island)

Aug. 10: Up With Life 4K Community Walk for Suicide Awareness and Prevention

(College Square Park, Cambridge, Ill.)

Aug. 10: Quad Cities Cruisers Cruise-In (SouthPark Mall, Moline)

Aug. 10: Pontiac Fiero Car Show (Village of East Davenport)

Aug. 10-17: ISC Men's Fastpitch World Tournament (Greenvalley Sports Complex, Moline)

Aug. 16-17: 9<sup>th</sup> Annual River Roots Live & River Rockin' Ribfest (LeClaire Park. Davenport)

Aug. 17: River Action's 4th Annual Floatzilla (Sunset Marina, Rock Island)

Aug. 17: Colonel's Croquet Party (COL Davenport House, Rock Island Arsenal)

Aug. 17: East Village Wine Walk (Village of East Davenport)

Aug. 22: Genesis Pro-Am Challenge (Crow Valley Golf Club, Davenport)

Aug. 22-25: World Series of Drag Racing (Cordova Dragway)

Aug. 24: Quad Cities Irish Festival (Rock Island)

Aug. 24: Color Me Rad 5K (iWireless Center, Moline)

Aug. 24: Iowa SIDS Foundation Walk for the Future - Run to Remember (Crow Creek Park, Bettendorf)

Aug. 24-25: Village's Antique Tractor Show (Village of East Davenport)

Aug. 29-Sept. 1: Antique Motorcycle Swap Meet (Mississippi Valley Fairgrounds, Davenport)

Aug. 31-Sept. 1: Rock Island Grand Prix (Downtown Rock Island)

Sept. 2: Bettendorf Rotary Run with Carl (Life Fitness Center, Bettendorf)

Sept. 2-3: Village Fall Festival (Pioneer Village, walnut Grove, Iowa)

Sept. 7: Case Creek Obstacle Survival 5K Run (Coal Valley, III.)

Sept. 7: Quad City Symphony Riverfront Pops (LeClaire Park, Downtown Davenport)

Sept. 7: ¡VIVA! Quad Cities (Isle Casino Hotel Bettendorf)

Sept. 7-8: Beaux Arts Fair (Downtown Davenport)

Sept. 14: 4<sup>th</sup> Annual Hilltop Campus Village Fall Music Festival (Hilltop Campus Village. Davenport)

Sept. 14: River Action's Taming of the Slough (Two Rivers YMCA Boathouse, 17th St. at the Mississippi River, Moline)

Sept. 14: Nick Teddy Fight Against Ewing's Sarcoma 5K Run/Walk (Main Street and Great River Trail, Port Byron, III.)

Sept. 14: Quad Cities Cruisers Cruise-In

(SouthPark Mall, Moline)

Sept. 15: Nancy Kapheim Memorial Classic (Rock Island)

Sept. 15: Run 3 for 30 5K Trail Run/Walk (Crow Creek, Bettendorf)

Sept. 21: Brew Ha Ha (LeClaire Park, Davenport)

Sept. 21: Celtic Festival & Highland Games (Centennial Park, Davenport)

Sept. 21: Operation Palmer Promotes Play-OP3 (Sister Concetta Park, Davenport)

Sept. 21-22: Riverssance Festival of Fine

Arts (Village of East Davenport)

Sept. 22: Quad Cities Marathon (Downtown Moline)

Sept. 27-29: Hot Air Balloon Festival (Kennedy Square, East Moline)

Sept. 28: Killer Bee & Bumble Rumble (St. Ambrose Campus, Davenport)

Sept. 28: Battle-on-the-Island Adventure Race (Credit Island, Davenport)

Oct. 5: Inaugural Milan Fireworks Fun Run (Camden Park, Milan)

Oct. 5: Wells 4 Wellness 5k (Moline)

Oct. 12: Trinity Quad Cities Classic Regatta

(On the Mississippi River in Moline)

Oct. 12: Quad Cities Cruisers Cruise-In

(SouthPark Mall, Moline)

Oct. 12: Running Dead 5k (Moline)

Oct. 19: Run with the Nation's 5k (Moline)



Oct. 20: 9th Annual CBRC Pumpkin Dash

(Credit Island, Davenport)

Oct. 24: Fright Night (The District, Rock Island)

Oct. 26: Witches Walk (Downtown LeClaire)

Oct. 26: Lagomarcino's Cocoa Beano 5K Race (Sylvan Island)

Oct. 26-27: Boo at the Zoo (Niabi Zoo, Milan)

Nov. 9: Black Hawk College 5k Hustle - For The Hill Of It (70th St entrance, Moline)

Nov. 15-24: Quad City Arts Festival of

Trees (RiverCenter, Davenport)

Nov. 16: Festival of Trees Parade

(Downtown Davenport)

Nov. 16: Lighting on the John Deere Commons and Holiday Pops Concert (Downtown Moline)

Nov. 22-Dec. 1: Quad City Arts Festival of

Trees (RiverCenter, Davenport)

Nov. 28: Scott County Family Y Turkey Trot (Downtown YMCA, Davenport)

Dec. 1: 19<sup>th</sup> Century Christmas (Butterworth Center, Moline)

Dec. 6-7: Christmas in the Village (Village of East Davenport)

Dec. 14: Jingle Bell Run/Walk 5K for Arthritis (South Park Mall, Moline)

Island Insight

Col. Elmer Speights, Jr., Garrison Commander: Eric Cramer, Public Affairs Officer; Mark Kane, Editor The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical

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